



IIT Madras

Pocket Guide for Freshies

2024



Dean (Students)

Prof. Sathyanarayana N. Gummadi

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Dean (Academic Courses)

Prof. Prathap Haridoss

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Dean (Academic Research)

Prof. Shanthi Pavan

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Dean (Planning & Wellness Co-ordinator)

Prof. Sarathi. R

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Registrar

Dr. Jane Prasad

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Chairperson Council of Wardens

Prof. J. M. Mallikarjuna

9444009052

Vice Chairperson Council of Wardens

Prof. Y. V. S. S. Sanyasiraju

9444094430

Advisor (Special Needs)

Prof. Shaligram Tiwari

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Message from Dean (Students)

Dear Student,

Welcome to IIT Madras, the No.1* Institute in the Country. As you embark upon a very important journey of your life, this pocket guide book is a small endeavour to help you maneuver the labyrinths of Insti life. It not only informs you about the `Who's Who' in IIT Madras but also about the various spheres (Student Clubs), amenities and wellness support system available on Campus.

IIT Madras is not only known for its robust academics and research but also for the plethora of co-curricular and extra-curricular activities including entrepreneurship skills that it offers. I encourage you to explore these opportunities and strive to become the best versions of yourself.

I hope your stint at IIT Madras turns out to be the most memorable and enriching experience of your life!



your DoST
Sathyanarayana N. Gummadi







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Important Contact details

Designation	NAME	PHONE NUMBER
Deputy Registrar (Research)	Ms. Vijayalakshmi K	044-2257-8044
Deputy Registrar (Career Pathway Centre)	Mr. Sudhakar Rao Pujari Y E L	044-2257-8131
Assistant Registrars (Research)	Ms. Sivagami R	044-2257-8295
Assistant Registrars (Courses)	Mr. Vijay Shankar B	044-2257-8036
Assistant Registrars (Students) & (CO & PR)	Ms. Rashmi Uday Kumar	044-2257-8053/8293
Chief Security Officer i/c	Wing Commander S Prakash (Retd)	044-2257-8262
Dost Office – Senior Assistant	Mr. Vijayakumar	9444008051
Warden Mandakini - A	Dr. Ramkumar P	044 - 2257-8732
Warden Mandakini – B	Prof. STG Raghukanth	044 - 2257-8732
Warden Swarnamukhi	Dr. Rupashree Baral	044 -2257 - 4561
Chief Medical Officer	Dr. Rebecca Punithavalli B	044-2257-8301
Hostel Allotment	Mr. Johnkennedy	044-2257-8513 8015765192
Mess Allotment	Mr. Srinivasalu	044-2257-8511 9566229672
Hostel and Mess Biometric	Mr. Krishna	044-2257-8509 8778213518





INDIAN INSTITUTE OF TECHNOLOGY MADRAS

MISSION

- To create and sustain a community of learning in which students acquire knowledge and learn to apply it professionally with due consideration for ethical, ecological and economic issues.
- To pursue research and disseminate research findings.
- To provide knowledge-based technological services to satisfy the needs of society and the industry.
- To help in building national capabilities in Science, Technology, Humanities, Management, Education and Research.

VISION

To be an academic institution in dynamic equilibrium with its social ecological and economic environment striving continuously for excellence in education, research and technological service to the nation.



ABOUT IITM

IIT Madras was established in 1959 with technical assistance from Germany. German Universities and other agencies continue to collaborate with IIT Madras till date for various R&D projects.

IIT Madras has developed over the years into a comprehensive centre for technological education, fundamental and applied research in India with more than 300 laboratories organised in a distinctive pattern of functioning. Faculty members (600+) of international repute, a stellar student community (11,000+), 18 departments with an excellent ministerial and technical staff (500+), and an efficient administration all of which contribute to its pre-eminent status. IITM has been Ranked No.1 institute in India in 'Overall' category for 5th consecutive year and in 'Engineering' category for 8th year in a row, in the NIRF India Rankings 2023. It has been Ranked No.2 in the 'Research' category and 'Innovation' category of the same rankings. IIT Madras is recognised globally for its intellectual leadership. A global alumni diaspora second to none in terms of accomplishment is also a part of the IITM Community. Apart from its state-of-the-art academic facilities and its lush greenery and wildlife, the campus has adequate amenities to meet the everyday needs of its residents.

For more information, please visit <https://www.iitm.ac.in/>





HOW TO REACH IIT MADRAS

The IIT Madras Campus area is 617 acres, 2.5km² located in the centre of the city, 12.7 kilometres from the airport and 14 kilometres from Chennai Central Railway Station. It is located on the Sardar Patel Road, between the Raj Bhavan and the Adyar Bus Terminus.

The other Landmarks around the campus are:



Cancer Institute & Guindy
Snake Park



Gandhi Mandapam (Anna
University Bus Stop)



Central Leather Research
Institute (CLRI)



Madhya Kailash (Bus Stop)



IIT MADRAS HAS THREE GATES:

01

Main Gate, on the Sardar Patel Road

02

Velachery Gate (for pedestrians /
two - wheeler vehicles)

03

Taramani Gate (for pedestrians /
two - wheeler vehicles)

The campus is connected to the IIT Madras Research Park (IITM RP) through the Industry-Academic Bridge.





TO-AND-FRO FROM CAMPUS

Bus: IIT Madras is connected to the Chennai Railway Station and other major land marks by bus routes. Madhya Kailash and CLRI / Cancer Institute are the bus stops near the Main Gate. Gandhi Road and Guru Nanak College are the bus stops near the Velachery Gate. Outstation buses are available from the Chennai Mofussil bus Terminus (CMBT), Koyambedu. For bus route information, visit the MTC website.

MRTS: Kasturba Nagar station (near Madhya Kailash) is located at 1.2km from the Main Gate.

Chennai Metro : Little Mount (around 3 km) and Guindy (3.3km) metro stations are about 5-10 minutes by road.

Local Train: Local trains are also available from Guindy (3.3km). Outstation trains are available from the Chennai Central Railway Station and Egmore Railway Station.

Autos and Taxis: The city is well-served by autos and taxis and common ride-hailing apps can be used.

On-Campus Bus Transport:

(a) On-campus bus service is available for all on all days from 6.15 am to 9.30 pm at an interval of 15 minutes. The buses start at 6.15 am simultaneously from the Main Gate to the Hostel zone and from the hostel zone to the Main Gate. The last starts from the main gate at 10.00 pm to the Bus Depot via Gajendra Circle (GC).

(b) Additional bus services from the Academic zone to the Hostel zone any time between 9.30 pm and 4.00 am is available on call. Contact the security section (044-2257 9999) for availing the bus service.





MAJOR LANDMARKS (in Alphabetic Order)

Administration Block: It is close to the Gajendra Circle (GC). Academic Section, Academic Research Section, Administration section, Accounts Section, Engineering Unit offices, Security Section, Heritage Section are located in this block.

Ajanta: A 24/7 Reading Hall is located at Central Library.

Bose-Einstein Guest House (BEGH): It provides lodging facilities for VIPs and Institute Guest.

Career Pathway Centre: is to empower students to independently navigate and decide their career paths. It has been designed to provide students with knowledge, essential skills, and exposure to an entrepreneurial environment, all located in one facility.

The key functions of the newly -established Career pathway Centre include

- Career Development Cell & Career Development Cell – Research: professionally equip students with skill development
- Entrepreneurship Cell: Hone the entrepreneurship efforts of potential students' fraternity
- Placement and Internship (P&I) Office: Facilitating hiring of students by recruiters for placement and internships

Campus Café: This is a canteen facility in the academic zone



Central Electronic Centre (CEC): Electronic laboratories are situated at CEC. CEC is located at Electrical Sciences Block.

Central Lecture Theatre (CLT): This air-conditioned Lecture Theatre is located a little ahead of the Central Library, in the Humanities and Sciences block. It is often used as the venue for quizzes, special lectures, cultural activities and more.



Centre For Innovation (CFI): CFI is unique 24/7 student laboratory located near the New Academic Complex. CFI houses various technical teams of students.

Central Library: This five storeyed building is home to a large number of books and journals and it's located close to the Gajendra circle. It also has a book bank where one can borrow text-books for a semester.

Central Skill Training and Fabrication Facility (CSTF): Workshop practice laboratories are conducted at CSTF. CSTF is located on Alumni Avenue, opposite to the Mechanical Sciences Block.

Class Room complex (CRC): On Alumni Avenue, it is situated half-way between the administrative building and the Velachery Gate. The majority of first-year classes are held here.

Discovery Campus: Discovery campus at Thaiyur (163 acre) is located at 36km from the main Campus. It will host state-of-the-art research centres with large dedicated facilities.



Ellora: Hangout place located next to the building of the Department of Management Studies (DoMS)

Engineering Unit: Engineering Unit provides Civil/Electrical maintenance services in Academic, Hostel and Residence zones. For any Civil/Electrical issues, contact the Engineering Unit via your hostel office.

Food for Thoughts (FFT): This is the Food court facility on the first floor of Campus Café.

Gajendra Circle (GC): This is the primary intersection and the key reference point for moving around campus.

Heritage Centre: It is located on the front side of the Administration Block-Ground Floor.

Himalaya, Nilgiri, Vindhya Dining Facility: This is a dining hall adjacent to Gurunath, containing majority of the messes.



IC&SR Building: This is located apposite to the Humanities and Social Sciences building on Alumni Avenue. The auditorium here has hosted distinguished lectures by eminent personalities including Dr. Kiran Bedi and Mr. Kamal Hasaan, to mention a few.

IIT Madras Research Park (IITMRP): IITMRP provides an ecosystem for Academic-Industry collaborations with particular focus on R&D and start-up facilities. IITMRP is connected to the IITM campus via bridge.

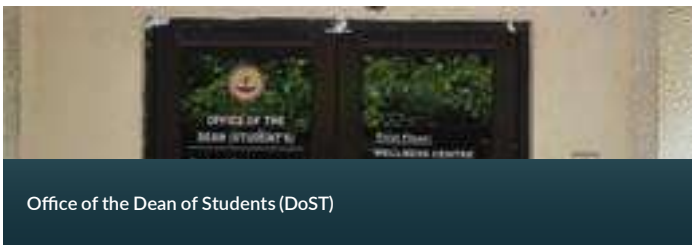
Institute Hospital: Hospital which provides primary health care services. Hospital is located on first cross road.

New Academic Complex-I (NAC-I): New Academic Complex-I is located next to campus café.



New Academic Complex-II (NAC -II): New Academic Complex-II is located adjacent to the building of the Department of Ocean Engineering and opposite to the building of Biotechnology-II

Office of the Dean of Students (DoST): It is situated adjacent to the west end of the Administration Building.



Office of Hostel Management (OHM): Takes care of various Hostel Accommodation / dining) related activities.

Open Air Theatre (OAT): It is an amphitheatre where the Film club shows movies every Saturday. It is situated between the GC and the hostel area. It hosts professional shows at the time of Saarang.

Quark: Student activities space near Saraswathi hostel. A restaurant is located in the ground floor. 81 lounge for student's activities is located on the 1st floor.

Raman and Ramanujan Blocks: These are the places where most of your common classes will take place. These are the places you would want to memorise in and out as this is where you would be headed to, most mornings, half- awake. The ground floor of the Class Room Complex is air-conditioned and is open for the use of students till 1 AM during the quiz weeks to serve as hangout spots for the muggu junta apart from the library.

Security Section: The main office of Security section is located on the back side of the Administration Block-Ground Floor.

Stadium (Manohar C Watsa Stadium): This large open air stadium is situated on Delhi Avenue and is used for various sports activities, air shows during Shaastra, and more.

Students' Activity Centre (SAC): The registration will be conducted in this building. It has a music room, a large auditorium, and more. Important events like Institute Day and Convocation are held here

Taramani Guest House (TGH): Provides lodging and boarding facilities for guest & Faculty/staff/students.

Up-Top Interaction Lounge (UTIL): UTIL is located on the roof-top of the DoST Building. The space is well utilized for the interaction meetings.

Wellness Centre: Institute has Wellness Centre where students can consult mental health professionals. It is situated in the premises if the DoST building (1st floor).



Wellness Centre





CLUBS

Activity Clubs: Numerous Co-curricular and cultural clubs are available for various activities. These clubs organize various events and get-togethers throughout the year. For more information, visit <https://www.iitm.ac.in/campus-life/clubs>

Cultural Clubs: Student's team coordinate 16 cultural clubs including various art forms ranging from music to dance, classical arts, E-Sports, etc.



Film Club: Screens a movie at OAT every Saturday night. You will require a membership card or a ticket.

Fitness Club: The fitness club's amenities at Sports Complex are accessible to members which is located across Taramani Guest House. Contact the Gymkhana office on the third floor of the Health Club to obtain membership card

Prakriti, the wildlife Club: Encourages residents to understand and value the unique ecological diversity of the IIT Madras campus. It hosts talks, excursions and observation programmes, involving nature enthusiasts. **Wildlife Helpline:** <http://home.iitm.ac.in/prakriti/prakriti/helpline.html> contact: prakriti@iitm.ac.in

Staff Club: Located near Vana Vani nursery school. All permanent staff of the Institute can become member.

Women's Forum: This is the official organisation for all women at IITM, including faculty, permanent and temporary support personnel, students and the nurse and doctors that work at the hospital.





OTHER OFFICES AND RESOURCES

Engineering Unit: The Engineering unit provides the requisite infrastructure facilities and takes care of the maintenance. The offices are located in the academic, hostel and resident zones.

Computer Centre: The PG Senapathy Centre for Computer Resources is a centralized computing facility. It also takes care of network/internet connectivity. For more information, visit <https://cc.iitm.ac.in>

Workflow: All academic activities related to Course registration, Bonafide certificates and grade information can be accessed.

Ikollege: Registration of Hostel and mess.

Special Needs: Faculty Advisor, Special Needs helps in implementing policies and practices concerning students with disabilities. IIT Madras, seeks to nurture students with disabilities (SwD) so that they become professionally competent and personally independent, by enabling reasonable participation in curricular, co-curricular and extra-curricular activities in the IIT campus. Inclusive education brings all students together regardless of their strengths and weaknesses and ensures that they are part of the mainstream education. IIT Madras provides assistive technologies to help them to learn and also ensures safe and comfortable living conditions on the campus.

Complaints and Grievances: The Internal Complaint Committee (ICC) or the Complaint Committee Against Sexual Harassment (CCASH) at IIT Madras acts as an inquiry authority for complaints of sexual harassment, in accordance with the guidelines laid down by the Supreme Courts of India. CCASH is involved in creating a safe environment to study and work without the fear of harassment. For more information, visit the Institute's website. The Chairperson can be reached at ccash@iitm.ac.in. Grievances may be brought to the attention of the Head of the Department.





SPORTS FACILITIES AT IITM



Sitara indoor multigame Sports facility (Near tennis courts) houses Shuttle courts/ Basket Ball/Volley Ball Court (GF), Table Tennis (FF), Gym (FF), Open Terrace Tennis Court.



Volleyball Court, 2 nos. of Mud Court near Sports Complex.





Basketball Court, 2 nos of Concrete court near Volleyball Court.



Tennis Court, a Court near Basketball Court.



Badminton, 5 Nos
(Indoor multigame Sports facility in Ground floor)



Sports Complex.
(Opp. To Taramani Guest House)
Ground Floor: Weightlifting, Table Tennis
1st floor: Fitness Centre
2nd Floor: 2 nos. of Wooden Squash Courts





Cricket, Chemplast Ground near Dept. of ED (Practice pitch/ground to be booked. Subject to availability and prior booking with Sanmar). In 2017, IITM-Chemplast ground was renamed as K.S. Narayanan Centre for Cricketing Excellence.



Swimming Pool, one shallow pool and one deep pool Opp to SAC Building



Skating Facility.

Sangam Ground, Near Saraswati Hostel
(Subject to booking in advance)





Football & Hockey,
Near Dept of Biotechnology



Manohar C Watsa Stadium, we have
400 meters synthetic Track Opposite
to Director's Bungalow. The Stadium
remains closed between 10 am and 4 pm.





Section III





INSTITUTE SECRETARIES (Students Executive Council 2024-2025)

S. No	Position	Name
1	Academic Affairs Secretary	Mr. Lakshya Singh
2	Co-Curricular Affairs Secretary	Mr. Sukheth K M
3	Cultural Affairs Secretary Arts	Mr. Aaromal S Kesav
4	Cultural Affairs Secretary Literary	Mr. Akash S B
6	International & Alumni Relations Secretary	Mr. Rohan Yadav
5	Hostel Affairs Secretary	Mr. Marni Veera Venkata Rama Akhil
7	Research Affairs Secretary	Ms. Robin Rathi
8	Institute Sports Secretary	Mr. Mohd Owais Siddiqui
9	Speaker Students Legislative Council	Mr. Atharv Joshi
10	Students' General Secretary	Mr. Atul Kumar Pandey
11	Chief Commissioner (Student Ethics and Constitution Commission) SECC	Ms. Meenakshi Anoop
12	CFI, Students Head	Mr. Madhavnambi R V
13	MiTR Student Head	Mr. Dinesh Bandi



Roll No	Inst.Cell No.	Official Email id
MM20B035	9444005765	sec_acaf@smail.iitm.ac.in;
ME20B179	9444407541	sec_cocur@smail.iitm.ac.in;
HS20H061	9444005768	sec_arts@smail.iitm.ac.in;
CE21B005	9444005769	sec_lit@smail.iitm.ac.in;
PH20B011	9444396170	sec_iar@smail.iitm.ac.in;
EE21B084	9444005783	sec_hosaf@smail.iitm.ac.in;
MM22D057	9444005772	sec_resaf@smail.iitm.ac.in;
CH20B068	9444005774	sec_sprts@smail.iitm.ac.in;
HS21H015	9444397340	speaker@smail.iitm.ac.in;
NA21B012	9444005782	gen_sec@smail.iitm.ac.in;
HS21H031	-	secc@smail.iitm.ac.in;
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AM18D202	-	mitr_studentadvisor@smail.iitm.ac.in;





HOSTEL ADMINISTRATION - 2024

S. No	Hostel	Warden	Mobile No	Official Mail
1	Chairperson Council of Wardens	Prof. J. M. Mallikarjuna	9444009052	ccw@iitm.ac.in
2	Vice Chairperson Council of Wardens	Prof. Y. V. S. S. Sanyasiraju	9444094430	ccwvc@smail.iitm.ac.in
3	Alakananda	Dr. Babji Srinivasan	9444009068	wardenalak@smail.iitm.ac.in
4	Bhadra	Dr. N. Lakshminarasamma	9444397349	wardenbhadra@smail.iitm.ac.in
5	Brahmaputra	Dr. Soumendra Nath Kuiry	9444009070	wardenbrahma@smail.iitm.ac.in
6	Cauvery	Dr. Sivasrinivasu Devadula	9445556802	wardencauvery@smail.iitm.ac.in
7	Ganga	Dr. Suhas Jayakumar Pandit	9444009074	wardenganga@smail.iitm.ac.in
8	Godavari	Dr. Prabhat Ranjan Pujahari	9444009076	wardengodavari@smail.iitm.ac.in
9	Jamuna	Prof. Vidya Bhushan Maji	9444009078	wardenjamuna@smail.iitm.ac.in
10	Krishna	Dr. Abhijit Chaudhuri	9444009580	wardenkrishna@smail.iitm.ac.in
11	Mahanadhi	Prof. Md. Mahiuddin Baidya	9444393520	wardenmahanadhi@smail.iitm.ac.in
12	Narmada	Dr. Srinivasa Rao Bakshi	9444009084	wardennarmada@smail.iitm.ac.in
13	Pampa	Dr. Piyush Shakya	9444393521	wardenpampa@smail.iitm.ac.in
14	Sabarmati	Dr. Merin Simi Raj	9444395488	wardensabar@smail.iitm.ac.in

S. No	Hostel	Warden	Mobile No	Official Mail
15	Saraswathi	Dr. Ilaksh Adlakha	9444009086	wardensaras@smail.iitm.ac.in
16	Sarayu	Dr. Merin Simi Raj	9444393522	wardensarayu@smail.iitm.ac.in
17	Sharavathi	Dr. Jayeeta Bhattacharyya	9444009092	wardensharav@smail.iitm.ac.in
18	Sindhu	Prof. Lakshman Neelakantan	9444009088	wardensindhu@smail.iitm.ac.in
19	Tamiraparani	Dr. Subhadeep Banerjee	9444393523	wardentambi@smail.iitm.ac.in
20	Tapti	Dr. Santosh Kumar Sahu	9444009089	wardentapti@smail.iitm.ac.in
21	Tunga	Dr. Sabita Sarkar	9444397346	wardentunga@smail.iitm.ac.in
22	Mandakini - A	Dr. Ramkumar P	9444009082	wardenmandakini@smail.iitm.ac.in
23	Mandakini - B	Prof. STG Raghukanth	9444008708	wardenmandakini@smail.iitm.ac.in
24	Swarnamukhi	Prof. Rupashree Baral	9840938692	wardenswarnamukhi@smail.iitm.ac.in





FACULTY ADVISORS (VARIOUS ACTIVITIES)

S. No	Advisor	Name	Official email	Contact No
1.	Advisor (Cultural)	Prof. Sushanta Kumar Panigrahi	adcul@smail.iitm.ac.in	9444008756
2.	Advisor (Co-curricular)	Dr. Murugaiyan Amirthalingam	adcocur@smail.iitm.ac.in	9444008757
3.	Chairperson, Career Pathway Centre (CPC)	Prof. Sathyan Subbiah	sathyans@smail.iitm.ac.in	9445062253
4.	Advisor (Placement & Internship)	Prof. P Murugavel	adtp@iitm.ac.in	9444008057
5.	Advisor (Career Development Cell)	Dr. Mathangi Krishnamurthy	adecdi@smail.iitm.ac.in	9444094438
6.	Advisor (E-Cell)	Prof. Richa Agarwal	adecell@smail.iitm.ac.in	9444094436
7.	Advisor (EML)	Prof. Basavaraja Madivala Gurappa	eml@smail.iitm.ac.in	9445394730
8.	Advisor (Flim Club)	Prof. Jitendra Sangwai		9444384168
9.	Advisor (Hostel Infrastructure)	Prof. Shaikh Faruque Ali	adinfra@smail.iitm.ac.in	
10.	Advisor (IAR Affairs)	Prof. Ashwin Mahalingam	adiar@smail.iitm.ac.in	9444094439
11.	Advisor (Innovation and Entrepreneurship)	Prof. Prabhu Rajagopal	headcfi@smail.iitm.ac.in	9444397342
12.	Advisor (MiTR)	Prof. Ramesh L. Gardas	mitr@iitm.ac.in	9444008760
13.	Advisor (NCC)	Prof. R Vijayakumar	adncc@smail.iitm.ac.in	9444094435
14.	Advisor (NSS, Ivil, Society Services & S-Reach)	Prof. Rupen Goswami	adnss@smail.iitm.ac.in	9444008762
15.	Advisor (Saathi)	Prof. Beeraiah Baire	saathi@smail.iitm.ac.in	9444094431



S. No	Advisor	Name	Official email	Contact No
16.	Advisor (SECC / SLC)	Prof. Anbarasu Manivannan	adslc@smail.iitm.ac.in	
17.	Advisor (Special Needs)	Prof. Shaligram Tiwari	adws@smail.iitm.ac.in	9444094433
18.	Advisor (Sports)	Prof. K Arul Prakash	adsports@smail.iitm.ac.in	9444008758
19.	Advisor, T5e	Prof. P Sudarsan	adt5e@smail.iitm.ac.in	
20.	Advisor (Wellness)	Prof. Sarith P Sathian	adwellness@smail.iitm.ac.in	9498665027
21.	Co - Advisor (Placement & Internship)	Prof. Parasuraman Swaminathan	adi@iitm.ac.in	9444008126
22.	Co - Advisor (Sports)	Prof. Shruti Dubey	coadvsports@smail.iitm.ac.in	9444008055
23.	Chairperson (CMFGS)	Prof. Somnath Chanda Roy	cmgfs@smail.iitm.ac.in	9444008125
24.	Chairperson Council of Wardens	Prof. J. M. Mallikarjuna	ccw@iitm.ac.in	9444009052
25.	Vice Chairperson Council of Wardens	Prof. Y. V. S. S. Sanyasiraju	ccwvc@smail.iitm.ac.in	9444094430
26.	Chairperson, Institute Disciplinary Committee for Students (IDCS)	Prof. P Sriram	sriram@ae.iitm.ac.in	9444119425
27.	Chief Election Officer	Prof. M Jeganmohan		9444094437
28.	Deputy Election Officer	Prof. Raghukanth S T G		





Sl. No.	Post / vertical	Name
1	Student advisor	Mr. Dinesh Bandi
2	Events head	Ms. Hiba Fathima
3	Counselling head	Mr. Rahul Raj
4	Counselling core	Mr. Senthilnathan T
5	Events core	Mr. Bhargav Joshi
6	IE Connect Core	Mr. Rahul Kumar Mahamalla
7	Events Core (Wellness Circle)	Ms. M. Tinaharini
8	Design Core	Mr. Mohammad Asim Ansari



SAATHI

UG Core

Mr. Rahul Manohar

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Mr. Jashnani Angel Anilkumar

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Roll number	Official mail	Mobile number
AM18D202	mitrhead@smail.iitm.ac.in	9912982970
HS21H025	mitrhead@smail.iitm.ac.in	9497511408
PH19D068	mitrhead@smail.iitm.ac.in	7034332787
ED21B057	mitr@smail.iitm.ac.in	7010975399
MM21B018	mitr@smail.iitm.ac.in	8755259481
ED22B079	mitr@smail.iitm.ac.in	9179130164
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PG Core

Mr. Sanidhya Chaturvedi

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ee23s400@smail.iitm.ac.in





BE HAPPY WEBSITE: <https://behappy.iitm.ac.in/>

Message from the Director

Attitude is half the battle in a difficult situation. Staying optimistic releases endorphins or "happy hormones", which sends a constructive message to our brain and shifts focus on to the positive aspects. This healthy outlook will go a long way in moulding us to be pragmatic rather than dramatic.



Now, we have all heard of the glass half-full analogy. This litmus test determines if a particular situation should be a cause for pessimism (half empty) or optimism (half full). Our point of view reframes our position and this highlights the opportunities that can be taken advantage of, rather than problems to avoid. It definitely helps to look on the bright side of things.

However, this does not imply that we ignore the negatives, instead acknowledging, validating and addressing them allows us to move forward without hanging on to animosity, a trait that will help us respond rather than react to situations that are not in our favour.

Aiming for contentment in every endeavour can be the strength that puts us at ease with our situation, body and mind. Socrates described this by saying, "He who is not content with what he has, would not be contented with what he would like to have."

My personal mantra to you would be to focus on what you can change within yourself or your environment, and start taking small steps in that direction. The trick is to focus your energies on what you can control, while letting go of the rest.

It's very simple, happiness does not depend on what we have, but on what we are. Look inward to introspect, accept your negatives, celebrate every success, acknowledge your potential and strive for fulfillment.

Remember, you are not what happened to you, you are what you choose to become.





BEING HAPPY IS IMPORTANT

Wellness Initiative

Gatekeeper Training Program

<https://behappy.iitm.ac.in/gatekeeper-training-program.html>

Wellness Session

https://behappy.iitm.ac.in/documents/Wellness-Session-Series_NHM_19-Apr-23-Press-release.pdf

Wellness Survey

<https://behappy.iitm.ac.in/wellness-survey.html>

Details of Listeners

Dr. M. S. Sivakumar
94452 84085

Dr. P. Kandhasamy (Rtd.)
9498118888

Mr. Sridhar Boovaraghavan
94449 00395

Mr. Akshar Patel
+44 7424914823

Ms. Gargi Mukherjee
62025 51936

Mr. Keshav Bharadwaj
WhatsApp at +1 541-791- 6632

Dr. Tiju Thomas
WhatsApp number is +91-8056456442

Mr. Manikandan R
WhatsApp no +91-9942212076





Details of Counsellors at Wellness Centre

Location: 1st Floor, Office of Dean (Students) Building

Timings: 10 am to 6 pm (Monday to Friday and one Counsellor will be available on Saturday from 10 am to 6 pm)

S. No	Name of the Counsellors	Designation	Gender	E-mail	Landline
1	Ms. Niranjana	Clinical Psychologist	Female	wellness5@smail.iitm.ac.in	044 2257 8540
2	Mr. Cemmala	Clinical Psychologist	Male	wellness3@smail.iitm.ac.in	044 2257 8524
3	Ms. Teresa	Clinical Psychologist	Female	wellness6@smail.iitm.ac.in	044 2257 8522
4	Ms. Gayathri	Counselling Psychologist	Female	wellness4@smail.iitm.ac.in	044 2257 8527
5	Ms. Subalakshmi	Front Office	Female	wellness1@smail.iitm.ac.in	044 2257 8521





DETAILS OF COUNSELLORS AT INSTITUTE HOSPITAL

Location: Institute Hospital, Ground Floor (Adjacent to Pharmacy)

Timings: 10 am to 6 pm & 8 pm to 6 am (365 days)

S.No	Name of the Counsellors	Designation	Gender	Duty Timing	Mobile Number
1	Dr. S.Srividhya	Head of Psychology	Female	NA	9080618874 044 2257 8324
2	Ms. Arshiya Khan	Consulting Psychologist	Female	Shift Duty	
3	Mr. Cynil	Consulting Psychologist	Male	Shift Duty	
4	Ms. Aishwarya Lakshmi	Consulting Psychologist	Female	Shift Duty	
5	Ms. Srija C	Consulting Psychologist	Female	Shift Duty	



DETAILS OF YOURDOST FACILITY

Online Counselling:-

Helpline – 044-48136222

Book an appointment – bit.ly/IITMF2FNew

Timings – (YourDost 24/7) for online counselling

S.No	Name of the Counsellors	Designation	Gender	Duty Timing
1	Dr. Sumathi Narayan	Senior Psychologist	Female	Thursday - 5 PM to 8 PM
2	Dr. Vasuki Mathivanan	Senior Psychologist	Female	Tuesday - 10 AM to 1 PM
3	Dr. Pangajam	Senior Clinical Psychologist	Female	Sunday - 10 AM to 1 PM
4	Ms. Anusuya Ramakumar	Clinical Psychologist	Female	Friday - 5 PM to 8 PM
				Saturday - 5 PM to 8 PM at CCW office





Section III



AMENITIES AND FOOD JOINTS

Name of the Shop	Shop Location
Rotorman's (Food Truck)	Behind TGH
Isthara (Food Aggregator)	HFC
Thouway Technologies (Cookincloud)	ICICI Bank Hangout (A)
7 Star Beauty Salon	Narmada Basement
Srivari Browsing centre	Narmada Basement
Prime Mart (Stationary shop)	Near CCW Office
CCD (Café Coffee Day)	Near DoMS
Speed Buy Cycle (Cycle repair shop)	Near Sangam Ground
Zaitoon Restaurant & Grill	Quark
Usha Café (Snacks)	Shop No 01 NSFC





BANK AND ATM CENTRES

The Campus has two banks and a few ATM outlets



- Opposite the KV School and Post Office (around 200m from Gajendra Circle on Bonn Avenue)
- ATM 1: SBI Opposite to KV
- ATM2 : Tarmani Guest House (towards Hostel zone)



- Campus Shopping Centre on Delhi Avenue
- ATM 1: Canara Bank, Campus Shopping Centre
- ATM 2: Student Facilities Centre



- Near Office of Hostel Management
- Near Nilgiri



Near Sangam Ground & Tarmani Gate Road.



Post Office

Campus Post Office is located opposite the SBI Bank, Near KV School on Bonn Avenue. Railway Ticket Booking Counter (limited Schedule) is also co-located.





Kendriya Vidhyalaya IIT Madras - On Bonn Avenue, Opposite the SBI and Post Office.

Vana Vani Matriculation Higher Secondary School, IIT Madras - On Bonn Avenue, around 1.2 km from Gajendra Circle, Near Staff Club





Section IV



INSTRUCTION FOR STUDENTS

SOME IMPORTANT POINTS

- Powered vehicle are not allowed in the campus
- Poaching, hunting, and fishing are strictly prohibited
- Don't feed animals
- Smoking and Consumption of alcohol inside the campus is strictly prohibited
- Trafficking or possession of, any type of drugs is a criminal offence.
- IIT Madras comes under the jurisdiction of the J-4 Kotturpuram Police Station
- On 13th August 1997, the Supreme Court of India held that sexual harassment of women is a violation of the fundamental right of women to work in a safe environment.

For More Information, Please Visit: <https://www.iitm.ac.in/campus life/other-facilities>

THINGS YOU WILL NEED TO GET YOU GOING IN CAMPUS

- A lock and bucket, mug and toiletries
- A mattress, bedsheet and pillow
- A laptop, scientific calculator and other required stationery
- A uniform prescribed by the Academic Section and black leather shoes for Central Skill Training and Fabrication Facility.
- English Learning Platform: To Improve Communication Skills using an AI-based engine. Central Library has Subscribed: LANQUILL. Visit behappy.iitm.ac.in for further details



SAY NO TO RAGGING



SAY YES TO JOYFUL CAMPUS

What Constitutes Ragging:

Ragging Constitutes one or more of any of the following Acts:

- Mental/Physical/Sexual Abuse
- Verbal Abuse
- Indecent Behavior
- Criminal Intimidation/Wrongful Restraint
- Undermining Human Dignity
- Financial Exploitation/Extortion

Action/Punishment in the event of Ragging:

- Cancellation of Admission
- Suspension from attending classes.
- Withholding/withdrawing Scholarship/Fellowship and other benefits.
- Debarring from representing the institution in any regional, national or international meet, tournament or youth festival etc.
- Collective Punishment: when the persons committing or abetting the crime of ragging are not identified the institution shall resort to collective punishment as a deterrent to ensure community pressure on potential ragger.

For details: Refer to UGC Regulations on Curbing the Menace of Ragging in Higher Educational Institutions, 2009 Act

The University is grants commission (UGC) has issued a revised advisory regarding students' anti-ragging.

Students may fill in the online undertaking against anti-ragging at https://www.antiragging.in/affidavit_registration_disclaimer.html

You can also visit the overall website at www.antiragging.in/

1. For Ragging Related Complain: (24/7) **Helpline No: +91 (44) 2257 9999, 044 2257 8280** Email: secsec@iitm.ac.in

2. You may also contact: **Hostel Warden, CCW, CCW-VC, Dost Office**





LAYOUT OF BUILDINGS - INDIAN INSTITUTE OF TECHNOLOGY MADRAS AS ON 07-07-2021



INSTITUTE RELATED WEBSITE LINKS

IITM Students Academic Portal: <http://academic.iitm.ac.in>

IIT Workflow Portal: <http://workflow.iitm.ac.in>

Office of Hostel Management: <http://cww.iitm.ac.in>

Hostel Related Workflow Portal: kollege.iitm.ac.in

Office of Alumni Affairs: <http://alumni.iitm.ac.in>

IIT Madras Alumni Association: <http://iitmaa.org>

Dostoffice Website: <http://dost.iitm.ac.in>

Behappy: <https://behappy.iitm.ac.in>

Wellness Centre : <https://www.wellnessiitm.com/>

Mitr: www.mitr.iitm.ac.in

Saathi: www.saathi.iitm.ac.in

Scholarship: <https://www.iitm.ac.in/academic/academis/academic-services/scholarships-and-financial-assistance>

CCASH: <https://www.iitm.ac.in/the-institute/administration/complaint-committee>



MOBILE APPLICATIONS

CLINST IIT MADRAS
INSTISPACE



END NOTE

Please keep this pamphlet close by during your first few days at the institute you may find it useful.

EMERGENCY CONTACTS (LANDLINE: 044-2257-XXXX)

DoST Office
8051/8052/8053/8054/8055

Chief Medical Officer
8301

24*7 Electrical Emergency
8181/8185

Security Emergency
9999

Security Officer
8263

Hostel Allotment
8513

Hospital Enquiries
8333/8888

Hostel and Mess Biometric & I-kollege
queries
8509

Temporary Accommodation
8500

Ambulance (Institute Hospital)
8888/8333

Please Visit For More Information - <https://www.iitm.ac.in/directory>

Connect with us on Social Media

Facebook: <https://www.facebook.com/profile.php?id=61561886368764>

Instagram: https://www.instagram.com/dost_iitm/

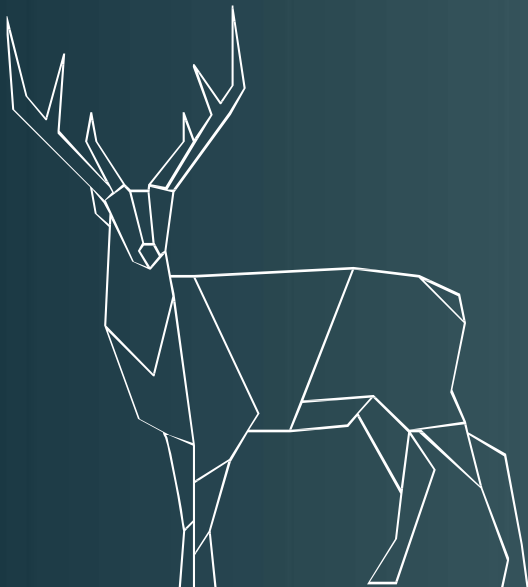
Twitter: https://x.com/DoST_IITMadras

LinkedIn: <https://www.linkedin.com/company/office-of-the-dean-students-iit-madras/>

YouTube: <https://www.youtube.com/channel/UChq0UspIW05GXuJ0uDBXbUQ>







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